

Procedures for Occupational Exposures to Potentially Infectious Blood/Body Fluids

Exposures to blood or body fluids that occur as a result of needle-sticks, cuts, splashes, or sprays that occur on assignment (IPC, ECM or M3/M4 clerkships) could result in transmission of blood-borne diseases, such as Hepatitis B, Hepatitis C, or HIV. Immediate Care should be taken to ensure your safety and the safety of your patients. In the event of an exposure use the following procedures:

- Wash the site immediately and thoroughly with soap and water to remove any potentially infectious fluid and tissue. Flush mucous membranes with water.
- Report your exposure to the appropriate authorities at the site hospital: ward team physicians, resident on call, charge nurse or nursing supervisor, or a University Health Services representative. **Be sure to note the insurance coverage information in A and B below, and the Site Contact List for Occupational Exposures for reporting specifics to mitigate the chance of incurring out of pocket hospital bills.**
- **If exposure to any blood/body fluid or tissue occurs, a clinical evaluation should be obtained immediately.** The evaluation should include drawing of blood samples from both the patient and the student. Possible therapies may include: antibiotics, Hepatitis B vaccine, Hepatitis B Immune Globulin, or antiretroviral therapy.
- Follow-up within a week to confirm that all blood tests have been reviewed, appropriate treatment is in place, and arrangements have been made for any additional diagnostic testing.

A. Students who have Campus Care insurance coverage:

Campus Care has adopted the policy that all exposures to blood or body fluids that occur as a result of a needle-stick, puncture, cut, or spray injury are defined as a true, life-threatening medical emergency. In the event of such an emergency, the student should proceed to the nearest Employee Health Office or Emergency Room (see site-specific chart for details) for treatment, preferably the one at the medical center where the incident occurred. **The student or someone on the student's behalf is required to notify Campus Care at 312-996-4915 immediately within 24 hours of receiving any services.** Such notification does not guarantee that Campus Care will be responsible for the incurred charges. The determination as to whether the condition meets Emergency Care guidelines is made by the Medical Director or their designee. <http://campuscare.uic.edu/in-network-hospitals-for-emergency-room-visits-only/>

Note: An exposure must be billed as an injury. If you have any occupational exposure to bodily fluids immediately notify the doctor/team you are working with of the incident and that you need to seek medical attention right away. Go to: http://chicago.medicine.uic.edu/education/student_services_support/student_affairs_office/emergency_info to get information on where to go for immediate evaluation. If you have any questions go to the nearest emergency room.

B. Students who do NOT have Campus Care but have a different health insurance policy:

It is strongly recommended that students contact their insurance provider **BEFORE** beginning clinical rotations to find out about their coverage and how to proceed if an incident occurs. These types of exposures are generally considered injuries.

For distant sites, there may be substantial advantages to receiving evaluation and treatment on-site: immediate access, ease in handling source blood, faster test results, and on-site follow-up care. Students may be required to pay for care provided at the site where the exposure occurred.

Site Contact List for Occupational Exposures to Blood or Body Fluids
NEED TO BE REPORTED IN 24 HOURS
OR INSURANCE MAY NOT COVER PAYMENT

Note: In most cases, payment for an ER visit is based on the guidelines of the student's own health insurance OR campus care. Students are not covered by Workers' Compensation. Please visit the campus care website for in-network hospitals for emergency room only - <http://campuscare.uic.edu/in-network-hospitals-for-emergency-room-visits-only/>

<p>Advocate Christ Medical Center</p> <ol style="list-style-type: none"> Go to ER, using own insurance If questions, contact Employee Health, Maureen Salinas, RN. Exposure Hotline: 708-684-5333; from inside hospital dial 41 + 5333 <p>In-Network Hospitals for Emergency Room ONLY</p>	<p>Mount Sinai Hospital of Chicago 1500 S. California Avenue Chicago, IL 60608</p> <ol style="list-style-type: none"> Go to ER first Follow-up with Employee Health, Dawn Laurin, RN, 773-257-6916 or Elaine Yarling, RN, 773-257-5999
<p>John H. Stroger, Jr. Hospital 1900 W. Polk St. 3rd Floor Admin. Bldg.</p> <ol style="list-style-type: none"> Go to Employee Health Service if M-F 8:00 am to 3:30 pm. Irene Stacks, RN; 312-864-1970 After hours: Go to ER on 1st floor. Follow-up with Employee Health after treatment 	<p>Advocate Illinois Masonic Medical Center</p> <ol style="list-style-type: none"> Go to Employee Health, Kyle Laszczewski, RN, 773-296-5486; M-F, 7:00 am - 4:00 pm After hours: Go to ER <p>In-Network Hospitals for Emergency Room ONLY</p>
<p>Hinsdale Hospital 119 N. Oak, Tuppor Hall, 1st Floor,</p> <ol style="list-style-type: none"> Go to Employee Health Service M-F 7:00am-3:30pm; Kim Wolfe, RN 630-856-7340 After hours: Go to ER 	<p>Resurrection Medical Center 7447 W. Talcott Rd. Chicago, IL 60631</p> <ol style="list-style-type: none"> Go to ER first; will be charged for ER visit but not for tests or follow-up Follow-up with Employee Health, 773-990-7624, M-F 7:30 am-4:00 pm; Phyllis Eisner, LPN or Carla Casia
<p>Advocate Lutheran General Hospital 1775 Dempster St, East Pavilion-1st Fl, Rm 128 Park Ridge, IL 60068</p> <ol style="list-style-type: none"> Go to Employee Health Weekdays 7:00 AM – 4:30 PM, Evelyn Manego, 847-723-5900 After hours: Go to ER 	<p>St. Francis Hospital 355 Ridge Ave. Evanston, IL</p> <ol style="list-style-type: none"> Go to ER first, using your own insurance Follow-up with Employee Health, Aurora Bibat, RN, 847,316-6260, M-F 7:30 am-4:00 pm
<p>MacNeal Hospital 3249 S. Oak Park Avenue Berwyn, IL 60402</p> <ol style="list-style-type: none"> Go to Employee Health, Julie Denson, RN, 708-783-3427 After hours: Go to ER 	<p>St. Joseph Hospital 2900 Lake Shore Dr. Chicago, IL 60657 ER: 773-665-3086</p> <ol style="list-style-type: none"> Go to ER first, using own insurance Follow up at Employee Health: 773-665-3134, M-F 7:30 am-4:00 pm, Dawn Palella, RN
<p>Mercy Hospital & Medical Center 2525 S. Michigan, Chicago, IL 60616</p> <ol style="list-style-type: none"> Go to ER first Then go to MercyWorks Dearborn for follow-up. Contact Gertrude "Trudy" Sullivan, 312-567-2781, or email gsullivan@mercy-chicago.org, if questions. 	<p>University of Illinois Hospital and Jesse Brown Veterans Administration</p> <ol style="list-style-type: none"> Go to University Health Services, 835 S. Wolcott Ave., E144 MSB, Chicago, IL 60612, 312-996-7420; Open 7:00 am-4:00 pm Mon, Tues, Thurs, Fri; Open 7:00 am-3:00 pm Wed, Rebecca Mischak After hours: Go to ER